



EXTENSION

&

REVITALIZATION



National Mentoring Day, celebrated on October 27, was created to highlight the importance of mentoring in all forms. Award-winning business mentor, Chelsey Baker, founded the holiday with the aim to focus on how rewarding mentoring can be for everyone involved. So, what are some benefits of Mentoring?

*Mentoring provides guidance. By investing in our Auxiliary members through the mentoring process it shows that we care. Mentees learn from member experiences, receive guidance and knowledge and gain self-confidence when taking on new roles within the Auxiliary.

*Mentoring builds relationships. Mentors establish new relationships, encourage new leadership opportunities and become role models to mentees. But, did you know that becoming a mentor can also help you grow and develop your own leadership skills? Mentoring on a regular basis may help you become a more effective listener. Sometimes, we listen without really hearing what people are saying. Try to be an active listener.

*Mentoring inspires new perspectives. Mentoring may help you see things with new eyes by broadening your perspective. Diversity in mentoring opportunities can broaden and enrich your thinking. Learning to appreciate multiple perspectives may help enhance problem-solving skills.

Think back to the first person you consider to be a mentor – what characteristics do you recall? Perhaps they were honest, loyal, compassionate, trustworthy and supportive. Maybe they helped pave the way for you to follow your dreams. National Mentoring Day is a perfect time to recognize them by sending a thank you card. Not only is it a kind gesture to show you appreciate their help, but it serves as a reminder of the impact mentors have on their mentees.

How can we mentor during our meetings? Try to review a topic from the Foundations Guidebook, go over how to submit an online report, do a quick scavenger hunt utilizing the Podium Edition Bylaws and Ritual book. It's important to be sure that **every member** has the chance to suggest ideas and be heard at meetings.

I hope everyone has a wonderful District Fall Conference and remember; we are here to help! Please don't hesitate to reach out if you have any questions or concerns.



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